## Tony and Oscar: healthy & active together



Animals give us daily companionship and support.

We care for them.

Tony lives near the seaside; he's semi-retired and whenever possible he goes on long walks and jogs by the beach to keep his fitness levels up. Having Oscar with him makes all the difference. Oscar needs to go out and about for regular walks, and what better place than the beach where Oscar can discover new things and socialise with other dogs.

Tony often chats with other dog owners as their dogs explore the rock pools and has made some good friends, all thanks to Oscar. What better company can a man ask for!

animals are good for us be good to them WE CARE